

FRESH AIR IS YOUR FRIEND

The new coronavirus is extremely contagious and its disease effects are only starting to become known.

Shops, offices and all places where people gather should keep their doors and windows open at all times to minimise contagion.

The virus is invisible in the air and can infect the lungs by aerosol transmission. Infection via the eyes is also possible.

People (and likely some animals) can carry and spread the virus for a long time without showing symptoms. Being close to and talking to people can lead to infection. Face masks should be worn, especially in enclosed areas.

Virus in the air can be inactivated by spraying bleach water in the air in the ratio 1:200 household bleach to water.

A stronger concentration of 1:100 may be used to disinfect surfaces. Virus has been reported to persist on surfaces for days. Areas being wiped should be left wet for ten minutes.

In still or slowly moving air, virus can hang for hours. No matter how uncomfortable it is, keep air flowing through communal areas. Better a chill than this. The new virus is more virulent and more pathogenic than flu. Its long-term effects are unknown.

The setting might be from a horror film but unfortunately, it's real. We need to adapt to the new circumstances as quickly as we can. Adopting these measures *will* save lives.

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